

Clinician Visits

How does Healthy From The Inside Out work?

With ongoing support from our specially trained Clinicians and skilled Registered Dietitians.

Our Clinicians are dedicated to patient success.

Monthly Clinician Visits

- Provide trusted on-going medical monitoring
- Increase care & results
- Offer tangible results in lab values & vitals
- Prevent medication misuse
- Required for prescription medication

Prescription Medication

Our Clinicians use expert knowledge in selecting medication. Only FDA approved, prescription medication for weight control, from the highest quality manufacturers are recommended. Most importantly, our Clinicians know when medication is not a good option.

We won't

- use less expensive & ineffective medication
- risk patient safety or our reputation



Registered Dietitian Visits

Eager for long-term success?



Registered Dietitians (RD) are the integral link between Clinicians and patients.

Working with our RD's on a regular basis will turn short-term results into long-term victory.

What does an RD do?

- Give expert, medically-sound advice
- Resource as life, circumstances, & age change
- Help prevent & manage diseases, like pre-diabetes & hypertension
- Address eating, behavior, diet, & nutrition issues
- Create individualized health & weight plans
- Support wherever you're at

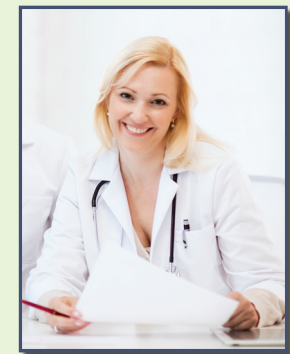
Why trust our RD's?

Our RD's are leaders in the field of nutrition, food, dietetics, and behaviors based on:

- Obtaining the RD title, which is a protected title like MD or DO
- Board Certification by the Academy of Nutrition and Dietetics
- At least a Bachelor's Degree in their field
- Over 1200 hours of clinical training
- Passing a stringent national exam
- Completing multiple layers of education, training, & testing
- Attaining licenses in Georgia & Nationally

There's a significant difference between a Registered Dietitian (RD) and a "nutritionist" or "dietitian."

Anyone can use the term nutritionist or dietitian. Neither a nutritionist nor dietitian require any training, education, credentialing, licensing, or oversight.



Our RD's are the best of the best. Why trust your success to anyone else?